

# Want to quit ?



**Take part in a research study, get support to quit, and be part of helping others in the future to quit.**

## About the study

'iQuit' offers a tailored smoking advice report and text messages. We want to study its effectiveness by asking half of participants to receive usual treatment, and half to also receive iQuit.



## Why take part?

You will receive stop smoking support from a trained advisor and will contribute to important scientific research.

## Who's eligible?

**We're looking for smokers aged 18 – 75, who:**

- want to quit
- are willing to set a quit date within 2 weeks of joining the study
- own a mobile phone
- are not currently part of any other smoking study

**Interested? Please speak to reception and let them know.**