

## Services provided or organized by Brampton Village Hub Members



### *LINKING UP*

- **ALBRAM** Car Scheme and Patients Group - Lifts for the infirm to and from surgery; hospital; optician; and dentist – Tel: 07583 224523.
- **Befrienders Social Group** Friday mornings from 10 am in the High Street Community Centre Call Billie – 01480 454453.
- **Brampton Community Library** – In High Street Community Centre – Mondays 11.30 -1.30; Wednesdays 15.00 – 17.00; Saturdays 11.30 – 1.30.
- **Brampton Events Group** - Summer Fete; Christmas Lights on the Green; quizzes etc.
- **Brampton Good Neighbour Scheme** – Telephone 07716 151926 or 07564 878774.
  - Home visit companion;
  - Helping the elderly and infirm find and supervise tradesmen for small jobs;
  - Help with shopping;
  - Carer relief – allowing carers to have some ‘me time’;
  - Management of ordering and installation of lifeline alarms;
  - Money management support;
  - Administration support (Post, gas, electricity, bank etc);
  - Benefits and Allowances advice;
  - Bus Pass applications and renewals;
  - Blue Badge applications and renewals;
  - Advocacy - speaking up for people struggling with bureaucracy;
  - Technology enabled care advice.
- **Dementia Support** – Telephone Janet - 07702 010594
  - Dementia Reconnect Social Club – First Wednesday of every month at 10am at Memorial Playing Fields Centre;
  - Dementia Choir;
  - Dementia Friendly Village information and training;
  - Love to Move – Age & dementia seated movement programme to music. Every Wednesday 10.30am to 12pm at the Memorial Playing Fields Centre.
- **Falls Prevention Balancing Exercises** Thursdays 14.00 – 15.00
- **IT Mentoring & Support** – Solving your computer problems or demonstrating how to do things. Telephone 07716 151926 or 07564 878774.
- **Social Health Walks Group** – A chat, an hour’s walk with coffee & cake after -Thursday mornings 10.15am start at Memorial Playing Fields Centre.